



*go from here.*

**STUDENTS  
ABROAD**

# Safety Tips

## for Going Abroad

### Save the Bling for Back Home

To avoid being a target of crime, don't wear conspicuous clothing or jewelry and don't carry excessive amounts of money. Also, don't leave unattended luggage in public areas or carry any packages for strangers. We want you—and your luggage—to make it home safely.

### Contact Us in an Emergency

Seriously, consular personnel at U.S. embassies and consulates abroad and in the U.S. are available 24 hours a day, 7 days a week, to provide emergency assistance to U.S. citizens. It's what we do. Contact information for U.S. embassies and consulates appears on the Bureau of Consular Affairs website at [www.travel.state.gov](http://www.travel.state.gov).

For the latest student travel safety information, go to [www.studentsabroad.state.gov](http://www.studentsabroad.state.gov)

Contact Overseas Citizens Services:

**1-888-407-4747** (toll free in the United States and Canada)

**1-202-501-4444** (outside the United States and Canada)



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**With preparation,**  
**your trip abroad**  
**can not only be a**  
**fun, eye-opening**  
**experience, but it**  
**can also be safe.**

### **Register Your Trip**

Extra paperwork can be a hassle, but we promise our free travel registration service is quick, easy, and can be done online. Travel registration makes it possible for us to contact you if necessary, whether it's a family emergency back in the States or a crisis in the country you're visiting. (No, it's not to keep tabs on you!) Register for free at [www.studentsabroad.state.gov](http://www.studentsabroad.state.gov).

### **Don't Forget the Details**

Make sure you sign your passport and fill in the emergency information page. Check with your airline to see if they will require you to have a minimum amount of validity on your passport. If required, also make sure you have valid visas for the countries you will visit. Leave copies of your itinerary, passport data page, and visas with family or friends, so you can be contacted in case of an emergency.

### **Contact Home Periodically**

No, your mom didn't bribe us to say that. It's just a good idea so your family and friends know your whereabouts. It's especially important to contact home if there's been an emergency in the country you're visiting. It will let everyone know that you're okay. And besides, you'll earn you some brownie points with Mom.

### **Check Your Overseas Medical Insurance Coverage**

Ask your medical insurance company if your policy is valid overseas, and if it covers emergency expenses such as medical evacuation. If it doesn't, consider purchasing supplemental insurance. Will your insurance company pay for expenses if you don't get advance approval for treatment? We know it's cliché, but it's better to be safe than sorry.

### **Research, Research, and More Research (Not Just for Your Term Papers)**

Thoroughly investigate the country you're traveling to. Review Country Background Notes, Country Specific Information, Travel Alerts, and any Travel Warnings available at [www.travel.state.gov](http://www.travel.state.gov). Familiarize yourself with local conditions, laws, and the culture. You wouldn't want to cause an international incident now, would you?

***go from here.***